How seniors learn digital skills in the Nordics and Baltic?

NPAD-2020/10169

NordPlus meeting on 27 - 28 Jan 2021, hosted by SADE

Presentation about Lithuanian partner

Dr. Jurgita Rotomskiene
➢ Third
➢ Age
➢ University

TAU - for you

Medardas Čobotas
MCTAU
Medardas Cobotas university of the third age:

- non-governmental voluntary public organization,
- the activity of which ensures a better social integration of seniors into society,
- promotes their effective, productive life,
- supports their working capacity as well as their physical activity and mental health.
MCTAU has been operating in Vilnius for 25 years.

Today more than 2500 seniors

(http://www.mctau.lt/)
12 faculties:

- Foreign languages, Literature, Handicrafts,
- IT, History, Culture, Artistic expression,
- Tourism, Health, Music,
- Social psychology, Politics, law and economy.
Main fields of activities:

- social integration of seniors into society,
- lifelong learning,
- active aging.
Third age university association

- There are 49 third age universities in Lithuania
- About 40,000 members participate in the activities of all universities
Established in 2015,
~ 200 students,
learn the basics of digital literacy.
What do seniors learn?

- e-mail,
- Internet - how to connect to the Internet, Internet search,
- Social networks, e-banking
In 2018 ISDK started the project "Connected Lithuania: an efficient, secure and responsible Lithuanian digital community".
The project is aimed at a large target group of the Lithuanian population, i. y. about 500 thousand. those who still do not use the Internet, those whose digital skills are insufficient and underdeveloped.
“Senior Days Online“
In two ways:
- on the screen at the nearest library
- at home from all smart devices with Internet access.
In order to encourage and assist seniors to become equal participants in the digital age, we feel a lack of adaptive curricula, we are looking for teaching methods suitable for older people and for ways to engage and motivate them.
MCTAU

expectations from NordPlus project:

➢ What are the topics of senior IT literacy?
➢ what training experience,
➢ Is there mutual assistance in IT issues?
➢ Use of new technologies to strengthen the activity of seniors in social activities
We seek impact oriented reliable partners working internationally, nationally and locally to collaborate in fields of education, Silber economy, improving public governance.
Thank you!

We hope to find good friends in further cooperation