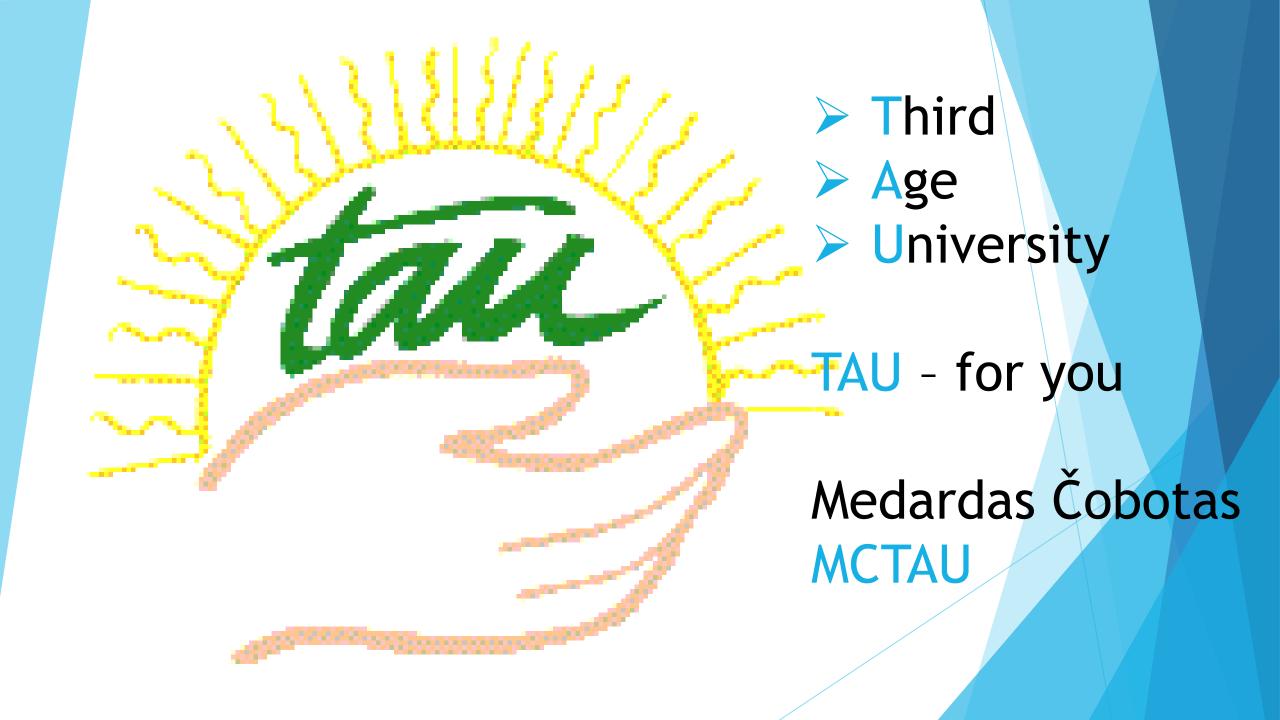
# How seniors learn digital skills in the Nordics and Baltic?

NPAD-2020/10169

NordPlus meeting on 27 -28 Jan 2021, hosted by SADE

Presentation about Lithuanian partner

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### Medardas Cobotas university of the third age:

- non-governmental voluntary public organization,
- the activity of which ensures a better social integration of seniors into society,
- promotes their effective, productive life,
- supports their working capacity as well as their physical activity and mental health.



- MCTAU has been operating in Vilnius for 25 years.
- Today more than 2500 seniors

> (<a href="http://www.mctau.lt/"> (http://www.mctau.lt/)</a>



#### 12 faculties:

- Foreign languages, Literature, Handicrafts,
- > IT, History, Culture, Artistic expression,
- > Tourism, Health, Music,
- Social psychology, Politics, law and economy.



#### Main fields of activities:

- social integration of seniors into society,
- lifelong learning,
- active aging.





### Third age university association

- There are 49 third age universities in Lithuania
- about 40,000 members participate in the activities of all universities



# The Faculty of Information Technologies

- Established in 2015,
- ~ 200 students,
- learn the basics of digital literacy.



# The Faculty of Information Technologies

#### What do seniors learn?

- e-mail,
- Internet how to connect to the Internet, Internet search,
- Social networks, e-banking



#### Information Society Development Committee

In 2018 ISDK stared the project "Connected Lithuania: an efficient, secure and responsible Lithuanian digital community".



#### Connected Lithuania

The project is aimed at a large target group of the Lithuanian population, i. y. about 500 thousand. those who still do not use the Internet, those whose digital skills are insufficient and underdeveloped.



#### **Connected Lithuania**

"Senior Days Online "

#### In two ways:

- on the screen at the nearest library
- at home from all smart devices with Internet access.



### expectations from NordPlus project:

In order to encourage and assist seniors to become equal participants in the digital age, we feel a lack of adaptive curricula, we are looking for teaching methods suitable for older people and for ways to engage and motivate them.



### expectations from NordPlus project:

- What are the topics of senior IT literacy?
- what training experience,
- Is there mutual assistance in IT issues?
- Use of new technologies to strengthen the activity of seniors in social activities



#### in general

We seek impact oriented reliable partners working internationally, nationally and locally to collaborate in fields of education, Silber economy, improving public governance.



Thank you!

We hope to find good friends in further cooperation