

# How seniors learn digital skills in the Nordics and Baltic?

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Presentation about Lithuanian partner

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- Third
- Age
- University

TAU - for you

Medardas Čobotas  
MCTAU



# MCTAU

## **Medardas Cobotas university of the third age:**

- non-governmental voluntary public organization,
- the activity of which ensures a better social integration of seniors into society,
- promotes their effective, productive life,
- supports their working capacity as well as their physical activity and mental health.



MCTAU

- MCTAU has been operating in Vilnius for 25 years.
- Today more than 2500 seniors
- (<http://www.mctau.lt/>)



# MCTAU

## **12 faculties:**

- Foreign languages, Literature, Handicrafts,
- IT, History, Culture, Artistic expression,
- Tourism, Health, Music,
- Social psychology, Politics, law and economy.



# MCTAU

## **Main fields of activities:**

- social integration of seniors into society,
- lifelong learning,
- active aging.



MCTAU

## **Third age university association**

- There are 49 third age universities in Lithuania
- about 40,000 members participate in the activities of all universities



# The Faculty of Information Technologies

- Established in 2015,
- ~ 200 students,
- learn the basics of digital literacy.





# The Faculty of Information Technologies

## What do seniors learn?

- ▶ e-mail,
- ▶ Internet - how to connect to the Internet, Internet search,
- ▶ Social networks, e-banking



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## Information Society Development Committee

In 2018 ISDK started the project "Connected Lithuania: an efficient, secure and responsible Lithuanian digital community".



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## Connected Lithuania

The project is aimed at a large target group of the Lithuanian population, i. y. about 500 thousand. those who still do not use the Internet, those whose digital skills are insufficient and underdeveloped.



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Connected Lithuania

„Senior Days Online “

In two ways:

- on the screen at the nearest library
- at home from all smart devices with Internet access.



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## **expectations from NordPlus project:**

- In order to encourage and assist seniors to become equal participants in the digital age, we feel a lack of adaptive curricula, we are looking for teaching methods suitable for older people and for ways to engage and motivate them.



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## **expectations from NordPlus project:**

- What are the topics of senior IT literacy?
- what training experience,
- Is there mutual assistance in IT issues?
- Use of new technologies to strengthen the activity of seniors in social activities



# MCTAU

**in general**

We seek impact oriented reliable partners working internationally, nationally and locally to collaborate in fields of education, Silber economy, improving public governance.



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**Thank you!**

**We hope to find good friends in  
further cooperation**